

Did You Know?

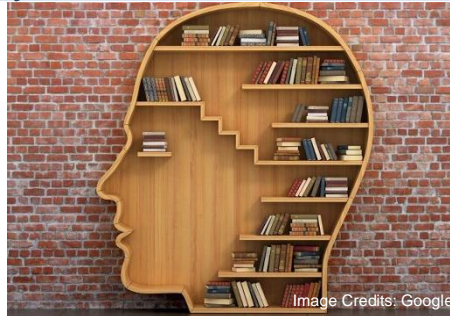
Tips to Make Summer Reading Happen

1. **CHOICE:** Let your kids choose the books that they read.
2. **BOUNTY:** More books = more chances to find a fantastic, amazing, very good book.
3. **LIBRARY:** Use your library. Let your kids go WILD and check out lots of books!
4. **TIME:** Kids need opportunities for reading.
5. **TECHNOLOGY:** Remember audiobooks, Kindles, iPads, and Nook reading count.
6. **READABILITY:** Make sure your kids are reading books that they can comprehend. During and after reading, ask them to tell you about the story.
7. **COZY READING SPACE:** Kids LOVE a **Cozy Book Nook**. Find a corner – those work best. Add pillows, lamps, books, stuffed animals, a headlamp or flashlight, and create a special space.
8. **DOWNTIME:** We all need unscheduled time to rest and relax. Remember to make time during the day for rest and reading.

2021 Summer Reading Lists

Picture Book List for Pre-Readers

- 1st Grade Reading List (age 6 – 7)
- 2nd Grade Reading List (age 7 – 8)
- 3rd Grade Reading List (age 8 – 9)
- 4th Grade Reading List (age 9 – 10)
- 5th Grade Reading List (age 10 – 11)
- 6th Grade Reading List (age 11 – 12)
- 7th Grade Reading List (age 12 – 13)
- 8th Grade Reading List (age 13 and up / teen)



Resources for Summer Reading

Tips for Supporting Reading Skills at Home

This six-page set of tips highlights evidence-based practices from classroom settings that could help parents or caregivers develop their children's reading at home.



Scholastic Summer Reading program promises to help you get books in the hands of kids, support social-emotional well-being, build skills, and create community among kids.

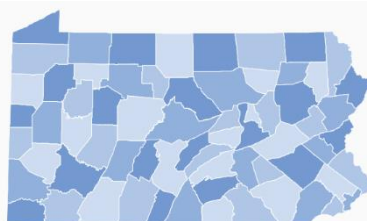
TAILS AND TALES

Every summer for more than eighty years, the Metropolitan Library System has offered a Summer Reading program to keep kids and their families reading all summer long. We believe reading is a fundamental skill and a gateway to success in life. Summer Reading is a community tradition that promotes reading for fun and lifelong enrichment.



Pennsylvania Counties

Select County ▼



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Emergency Broadband Benefit (EBB)

EBB is a program that will assist eligible households in paying for internet service and certain electronic devices.

GO EASY
ON YOURSELF

5 Things You Should Know About Stress

Stress is how the brain and body respond to any demand. Any type of challenge—such as performance at work or school, a significant life change, or a traumatic event—can be stressful. Stress can affect your health. It is important to pay attention to how you deal with minor and major stressors, so you know when to seek help. Here are five things you should know about stress.

1. Stress affects everyone.
2. Not all stress is bad.
3. Long-term stress can harm your health.
4. There are ways to manage stress.
5. If you're overwhelmed by stress, ask for help from a health professional.

IT GETS
BETTER



Email questions to:
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rbaumleama@pa.gov